Adult Learning and Skills
St Ives

Part Time Courses
Autumn Term 2019
Evening, Daytime and Weekend
Welcome to our autumn programme 2019

We offer a wide range of courses for leisure, pleasure, wellbeing and work. Learn in a relaxed and friendly social environment, develop new skills or take the first steps towards starting a new career.

A full list of courses for the whole year can be found on our website.

<table>
<thead>
<tr>
<th>Term Dates 2019/2020</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Autumn</strong></td>
</tr>
<tr>
<td><strong>Spring</strong></td>
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<tr>
<td><strong>Summer</strong></td>
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<tr>
<td><strong>Half Term</strong></td>
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<td><strong>Half Term</strong></td>
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<tr>
<td><strong>Half Term</strong></td>
</tr>
</tbody>
</table>

How to Book

You can book online at www.aclearning.org.uk
Or telephone 01480 495717 or 01480 375308
Email: acloffice@astreastivo.org

Find us on Facebook @StIvesAdultLearning or Twitter @ACL_StIves

Safeguarding
Arrangements have been made to make sure that you are safe at our Centres. If you feel you are not safe for any reason, for example through verbal or physical abuse or you have been discriminated against, please tell your tutor or the Centre Manager, who will investigate to ensure your safety.

Equality and Diversity
We are fully committed to equality of opportunity and welcome enrolments from all adults aged 19+. We positively encourage all learners with any concerns about specific needs which might affect their learning to discuss their requirements with us in confidence. We believe that everyone is entitled to learn in an environment that is free from discriminatory behaviour so that we build a community based on mutual trust and respect. We will do our best to ensure that resources and equipment are accessible to all and make reasonable adjustments to ensure that all learners can access activities.

How we use your data
https://www.gov.uk/government/publications/esfa-privacy-notice

Cambridgeshire County Council, Adult Learning and Skills service supports a wide range of other adult learning opportunities across Cambridgeshire to support adults with the lowest level of qualifications, or no qualifications at all, and so typically find themselves in lower paid, less secure jobs or unemployed. Search our website www.cambsals.co.uk for details of all our funded courses.

Book now at www.aclearning.org.uk
This year our already extensive programme includes courses that help you progress in life and work. If you are low waged or unemployed, or have not achieved a level 2 qualification and need to increase your skills we can offer you the four courses listed below for just £20*.

(*Terms and conditions apply and evidence will be required. You will need to book by phone.)

<table>
<thead>
<tr>
<th>Course</th>
<th>Length</th>
<th>Day</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>English (ESOL)</td>
<td>10 weeks</td>
<td>Monday evening</td>
<td>£20***</td>
</tr>
<tr>
<td>British Sign Language - An Introduction</td>
<td>10 weeks</td>
<td>Monday evening</td>
<td>£20</td>
</tr>
<tr>
<td>Teaching Assistant - An Introduction</td>
<td>10 weeks</td>
<td>Monday daytime</td>
<td>£20</td>
</tr>
<tr>
<td>Counselling - An Introduction</td>
<td>10 weeks</td>
<td>Monday evening</td>
<td>£20</td>
</tr>
</tbody>
</table>

(**£20 for your first term only)

**Funding**
The courses above are funded through the Adult Education Budget allocated by the Cambridgeshire and Peterborough Combined Authority (CPCA) or the Education and Skills Funding Agency (ESFA) and part financed by the 2014-20 European Social Fund (ESF) programme. This funding is managed by Cambridgeshire County Council, Adult Learning and Skills. A short video covering the background of ESF, what it does, how it helps and who benefits is available on the European Union website: http://ec.europa.eu/esf/home.jsp

**SATURDAY WORKSHOPS**

Do something different for the day and choose from one of our great Saturday workshops. With a mixture of new and popular courses we have an activity to suit all tastes.

**5 October**
- Sketching with Confidence
- Astronomy
- Calligraphy: Uncial Script
- Car Maintenance Basics
- Breadmaking
- Simply Indian
- Vietnamese Street Food
- Flowers: Kissing Ball
- Fused Glass Jewellery Workshop
- Makeup for Mature Skin
- Getting to Know Your Digital Camera
- First Aid - Baby and Child
- Basic First Aid Life Support

**30 November**
- Water, Boats and Buildings in Watercolour
- Windows 10 - Beginners
- Chinese Takeaway Favourites
- Chocoholics
- Indian Feast for Friends
- Kitchen Confidence
- Meringue Kisses with Simple Sugar Flowers
- eBay: Beginners’ Buying
- Flowers: Christmas Ring
- Fused Glass Christmas Decorations
- Wellness Boost
- Worry Less

Course dates and times can be found at www.aclearning.org.uk
<table>
<thead>
<tr>
<th>Course</th>
<th>Description</th>
<th>Duration</th>
<th>Time</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Microsoft Excel</strong></td>
<td>If you are new to Excel, or use it but avoid the advanced features because they scare you, we will show you how easy it really is.</td>
<td>4 weeks</td>
<td>Tuesday evening</td>
<td>£75</td>
</tr>
<tr>
<td><strong>Microsoft Word</strong></td>
<td>Suitable for complete beginners or those with some experience, we will give you the confidence to tackle those challenging tasks!</td>
<td>4 weeks</td>
<td>Tuesday evening</td>
<td>£75</td>
</tr>
<tr>
<td><strong>Windows 10 - Beginners</strong></td>
<td>Bring your Windows 10 laptop and we will help you to familiarise yourself with the basics and gain confidence with this operating system.</td>
<td>1 session</td>
<td>Saturday daytime</td>
<td>£30</td>
</tr>
<tr>
<td><strong>eBay 1: Beginners’ Buying on eBay</strong></td>
<td>This introductory workshop will help you set up your account and teach you how to shop for items on eBay. A Beginners’ Selling workshop is offered in the spring.</td>
<td>1 session</td>
<td>Saturday daytime</td>
<td>£30</td>
</tr>
<tr>
<td><strong>Digital Photography - Beginners</strong></td>
<td>Learn the fundamental and technical aspects of the DSLR camera as you develop a good understanding of composition, depth of field, aperture, shutter and ISO features.</td>
<td>9 weeks</td>
<td>Monday evening</td>
<td>£130</td>
</tr>
<tr>
<td><strong>Getting to Know Your Digital Camera</strong></td>
<td>This workshop will teach you how to take your first quality photograph with confidence. A great workshop for beginners who are looking to expand their knowledge of their DSLR camera.</td>
<td>1 session</td>
<td>Saturday daytime</td>
<td>£45</td>
</tr>
<tr>
<td><strong>Photoshop - Beginners</strong></td>
<td>Find out what Photoshop can do for your photos or website. We can help you add a touch of perfection!</td>
<td>5 weeks</td>
<td>Tuesday evening</td>
<td>£90</td>
</tr>
<tr>
<td><strong>Website Design - Beginners</strong></td>
<td>Website design doesn’t have to be a mystery. Learn how to design, build and manage your own cost-free website, no coding required.</td>
<td>3 weeks</td>
<td>Tuesday evening</td>
<td>£60</td>
</tr>
<tr>
<td><strong>Social Media for Beginners</strong></td>
<td>Learn how to interact with others online using Facebook, Twitter, Pinterest and Instagram, how to protect your privacy, FaceTime your friends and family, post comments and write a blog.</td>
<td>4 weeks</td>
<td>Tuesday evening</td>
<td>£60</td>
</tr>
</tbody>
</table>

Book now at [www.aclearning.org.uk](http://www.aclearning.org.uk)
**LANGUAGES**

Progressive (three term) courses starting in September. Try a two week taster to see if the course is right for you.

<table>
<thead>
<tr>
<th>Language</th>
<th>Term One</th>
<th>Day</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>French Beginners</td>
<td>10 weeks</td>
<td>Monday evening</td>
<td>£120</td>
</tr>
<tr>
<td>French Improvers</td>
<td>10 weeks</td>
<td>Monday evening</td>
<td>£120</td>
</tr>
<tr>
<td>Italian Beginners</td>
<td>10 weeks</td>
<td>Monday evening</td>
<td>£120</td>
</tr>
<tr>
<td>Italian Improvers</td>
<td>10 weeks</td>
<td>Monday evening</td>
<td>£120</td>
</tr>
<tr>
<td>Spanish Beginners</td>
<td>10 weeks</td>
<td>Tuesday evening</td>
<td>£120</td>
</tr>
<tr>
<td>Russian Beginners</td>
<td>8 weeks</td>
<td>Tuesday evening</td>
<td>£150</td>
</tr>
<tr>
<td>Language Tasters</td>
<td>2 weeks</td>
<td></td>
<td>£30</td>
</tr>
<tr>
<td>Russian Taster</td>
<td>2 weeks</td>
<td>Tuesday evening</td>
<td>£40</td>
</tr>
</tbody>
</table>

**English for Speakers of Other Languages (ESOL)**

A friendly, informal class for those whose first language is not English. This course will enable you to progress onto higher level accredited courses. Your first term is part financed through the Adult Education Budget at the reduced rate of £20.

10 weeks Monday evening £20

**COOKING**

**Baking Basics - Cakes**  
Learn to make delicious cakes from scratch, including a decorated Victoria Sandwich, sweet or savoury scones, brownies and a decorated swiss roll.

4 weeks Monday evening £60

**Beginning Sourdough**  
You will make your own mother dough and learn how to bake sourdough loaves at home and get to taste some delicious sourdough baking!

1 session Tuesday evening £30

**Breadmaking**  
Baking wellbeing! Enjoy a therapeutic day of kneading out your frustrations and make bread rolls, Chelsea buns and soda bread.

1 session Saturday daytime £45

**Perfect Pumpkin Pie**  
An authentic taste of the USA! Crisp shortcrust pastry, home-made sweet and spiced pumpkin filling topped with Chantilly cream, pecans or chocolate drizzle.

1 session Tuesday evening £30

Course dates and times can be found at [www.aclearning.org.uk](http://www.aclearning.org.uk)
<table>
<thead>
<tr>
<th>Course</th>
<th>Duration</th>
<th>Time</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Indian Feast for Friends</strong></td>
<td>1 session</td>
<td>Saturday daytime</td>
<td>£60</td>
</tr>
<tr>
<td><strong>Simply Indian</strong></td>
<td>1 session</td>
<td>Saturday daytime</td>
<td>£60</td>
</tr>
<tr>
<td><strong>Curry House Favourites</strong></td>
<td>4 weeks</td>
<td>Monday evening</td>
<td>£60</td>
</tr>
<tr>
<td><strong>Vegan and Vegetarian</strong></td>
<td>2 weeks</td>
<td>Tuesday evening</td>
<td>£40</td>
</tr>
<tr>
<td><strong>Kitchen Confidence Workshop</strong></td>
<td>1 session</td>
<td>Saturday daytime</td>
<td>£40</td>
</tr>
<tr>
<td><strong>Kitchen Confidence - Beginners</strong></td>
<td>4 weeks</td>
<td>Tuesday evening</td>
<td>£60</td>
</tr>
<tr>
<td><strong>Chinese Takeaway Favourites</strong></td>
<td>1 session</td>
<td>Saturday daytime</td>
<td>£60</td>
</tr>
<tr>
<td><strong>Quick and Healthy Chinese</strong></td>
<td>4 weeks</td>
<td>Monday evening</td>
<td>£65</td>
</tr>
<tr>
<td><strong>Vietnamese Street Food</strong></td>
<td>1 session</td>
<td>Saturday daytime</td>
<td>£65</td>
</tr>
<tr>
<td><strong>Caribbean Classics!</strong></td>
<td>2 weeks</td>
<td>Tuesday evening</td>
<td>£40</td>
</tr>
</tbody>
</table>

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GENERAL INTEREST

**Astronomy: An Introduction to The Grandest Tour of The Universe** NEW

Join us for an introduction to the grand tour of the Universe and the wonders that it contains.

1 session Saturday daytime £45

**Basic First Aid Life Support** NEW


1 session Saturday daytime £45

**First Aid - Baby and Child**

Be confident you would know what to do in an emergency. First Aid - Baby and Child is an essential course for anyone who looks after children in the home. Includes a Paediatric First Aid book.

1 session Monday evening or Saturday daytime £35

**Science and Religion: The Great Debate**

Arguably the hottest popular debate of present times: God, Science and the nature of the universe will be discussed and debated, by you, in an atmosphere of open-mindedness and free thinking.

5 weeks Tuesday evening £90

**Teaching Assistant - An Introduction**

An introduction to the skills and techniques needed to progress into further study or to work effectively in the primary education setting.

10 weeks Monday daytime £100

**Bridge - Beginners**

Make new friends and learn a game for life! Monday sessions take place at Hartford Village Hall.

10 weeks Monday or Wednesday daytime £125

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<table>
<thead>
<tr>
<th>Course</th>
<th>Description</th>
<th>Duration</th>
<th>Start</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>British Sign Language - An Introduction</td>
<td>For complete beginners. Immerse yourself in this interactive course and learn the skills and confidence to communicate with those who have deafness or are hard of hearing.</td>
<td>10 weeks</td>
<td>Monday evening</td>
<td>£130</td>
</tr>
<tr>
<td>Car Maintenance Basics - Bring Your Own Car</td>
<td>Keep your car on the road. You will learn how to deal with a puncture, change a light bulb, check the oil, water, battery, brakes and more.</td>
<td>1 session</td>
<td>Saturday daytime</td>
<td>£40</td>
</tr>
<tr>
<td>Counselling - An Introduction</td>
<td>This introductory course provides a solid grounding in counselling and listening techniques that can benefit you in your professional or personal life or help you to progress to further learning.</td>
<td>10 weeks</td>
<td>Monday evening</td>
<td>£150</td>
</tr>
<tr>
<td>Creative Writing - Beginners</td>
<td>Start your creative journey here! This course will explore the basic tools necessary for you to begin producing your very own pieces of work.</td>
<td>8 weeks</td>
<td>Monday evening</td>
<td>£125</td>
</tr>
<tr>
<td>Creative Writing: Short Stories - Beginners</td>
<td>Our award winning short story writer will guide you through the techniques needed to begin writing a structurally sound and engaging short story.</td>
<td>5 weeks</td>
<td>Wednesday daytime</td>
<td>£90</td>
</tr>
<tr>
<td>Guitar - Beginners</td>
<td>Are you ready to learn how to play acoustic guitar? This course will introduce the basics so you will soon be playing simple solo pieces and accompanying other musicians on easy tunes and songs.</td>
<td>8 weeks</td>
<td>Monday evening</td>
<td>£90</td>
</tr>
<tr>
<td>Psychology - Beginners</td>
<td>Psychological theories, models and ideas touch every area of our lives. We will explore this interesting discipline and look at its relevance in our everyday lives.</td>
<td>8 weeks</td>
<td>Tuesday evening</td>
<td>£125</td>
</tr>
<tr>
<td>Sketching to Painting - Beginners</td>
<td>Even if you haven’t drawn or painted since school, this is the course to give you more confidence.</td>
<td>9 weeks</td>
<td>Tuesday daytime</td>
<td>£125</td>
</tr>
<tr>
<td>Watercolour - Plants and Flowers Through the Seasons</td>
<td>Learn how to capture the simple beauty of nature in drawing, watercolour and more.</td>
<td>9 weeks</td>
<td>Monday daytime</td>
<td>£125</td>
</tr>
</tbody>
</table>

Book now at [www.aclearning.org.uk](http://www.aclearning.org.uk)
### Art for Starters  **NEW**
A friendly and relaxed course which will help you develop your artistic skills. Suitable for complete beginners or those with some previous experience.

- **9 weeks**
- **Tuesday evening**
- £125

### Sketching with Confidence  **NEW**
Are you interested in art but not sure where to start? Learn how to strengthen your drawing and observation skills with expert support and guidance.

- **1 session**
- **Saturday daytime**
- £60

### Water, Boats and Buildings in Watercolour
A wonderful opportunity to spend a day with and learn from a leading watercolour artist. You will create an eye catching painting of a Cambridgeshire landscape.

- **1 session**
- **Saturday daytime**
- £60

### Watercolour Landscapes - Beginners
If you would like to ‘have a go’ at watercolours, start here! You will learn the basics of drawing, tonal work, basic composition and perspective.

- **9 weeks**
- **Tuesday daytime**
- £120

### Watercolours and More - Mixed Ability
Widen your experience; try new ideas, techniques and water-based mediums in fresh ways to tackle more challenging projects.

- **9 weeks**
- **Tuesday evening**
- £120

### Calligraphy: Uncial Script  **NEW**
Spend a day absorbed in the ancient and beautiful art of calligraphy and create your own piece which would make a lovely gift.

- **1 session**
- **Saturday daytime**
- £65

### Fused Glass Jewellery Workshop  **NEW**
Learn how to cut and assemble coloured and dichroic glass into some unique and stunning pieces of jewellery. There is a charge of £25 for materials payable to your tutor on the day.

- **1 session**
- **Saturday daytime**
- £60

### Fused Glass Jewellery  **NEW**
Make beautiful, colourful glass jewellery; you can choose between pendants or earrings, or make a mixture of both. There is a charge of £35 for materials and equipment, payable to your tutor.

- **5 weeks**
- **Monday evening**
- £75

### Fused Glass Christmas Decorations  **NEW**
You will make six decorations. £25 for materials and equipment is payable to your tutor. Your designs will be fired and available for you to collect from the Adult Learning office within a week.

- **1 session**
- **Thursday or Saturday daytime**
- £45

Course dates and times can be found at [www.aclearning.org.uk](http://www.aclearning.org.uk)
### Machine Sewing Made Easy - Beginners
This is a practical, fast, fun course for complete beginners or for those with a little experience. You will make a different item each week. Own sewing machine required.

<table>
<thead>
<tr>
<th>Duration</th>
<th>Time</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 weeks</td>
<td>Monday evening</td>
<td>£90</td>
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</table>

### Making Clothes
From choosing the right fabric and pattern to how to press for a professional finish, you will learn the essential skills for making your own clothes at home. Own sewing machine required.

<table>
<thead>
<tr>
<th>Duration</th>
<th>Time</th>
<th>Cost</th>
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</thead>
<tbody>
<tr>
<td>5 weeks</td>
<td>Monday evening</td>
<td>£90</td>
</tr>
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</table>

### HEALTH & BEAUTY

#### Fresh Flowers for Winter  NEW
Enjoy beautiful seasonal arrangements. Materials for week one included.

<table>
<thead>
<tr>
<th>Duration</th>
<th>Time</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 weeks</td>
<td>Thursday daytime</td>
<td>£70</td>
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</table>

#### Flowers: Kissing Ball  NEW
Beloved of the Victorians, this floral arrangement is back on trend. It can be hung indoors or out as a lovely addition to your home decor. Materials included.

<table>
<thead>
<tr>
<th>Session</th>
<th>Time</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Saturday daytime</td>
<td>£60</td>
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</table>

#### Fresh Flowers for Autumn
Enjoy the rich seasonal shades of autumn and gain the confidence to create your own floral arrangements. Materials for week one included.

<table>
<thead>
<tr>
<th>Duration</th>
<th>Time</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>4 weeks</td>
<td>Thursday daytime</td>
<td>£85</td>
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</table>

#### Flowers: Christmas Ring
Create a beautiful, rustic style floral wreath for the door or advent table, perfect for the festive season. Materials included.

<table>
<thead>
<tr>
<th>Session</th>
<th>Time</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Saturday daytime</td>
<td>£60</td>
</tr>
</tbody>
</table>

#### Machine Sewing Made Easy - Beginners
This is a practical, fast, fun course for complete beginners or for those with a little experience. You will make a different item each week. Own sewing machine required.

<table>
<thead>
<tr>
<th>Duration</th>
<th>Time</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 weeks</td>
<td>Monday evening</td>
<td>£90</td>
</tr>
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#### Zumba® Gold
With a low impact, slower paced workout, Zumba® Gold is perfect for the “mature mover” or those just beginning a move towards a healthier and fitter lifestyle. Taster available.

<table>
<thead>
<tr>
<th>Duration</th>
<th>Time</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 weeks</td>
<td>Monday evening</td>
<td>£55</td>
</tr>
</tbody>
</table>

#### Zumba® Fitness
This “exercise in disguise” combines all elements of fitness - cardio, muscle conditioning, balance and flexibility as well as burning calories. Taster available.

<table>
<thead>
<tr>
<th>Duration</th>
<th>Time</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 weeks</td>
<td>Monday evening</td>
<td>£55</td>
</tr>
</tbody>
</table>

#### Zumba® Gold/Zumba® Fitness Taster
Not sure if Zumba® is for you? Try a taster session!

<table>
<thead>
<tr>
<th>Session</th>
<th>Time</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Monday evening</td>
<td>£5</td>
</tr>
</tbody>
</table>

Book now at [www.aclearning.org.uk](http://www.aclearning.org.uk)
## Reiki 1 - An Introduction
Do you want to improve your world and help those around you? Learn how to channel the energy of Reiki to promote wellbeing, relaxation and positive change.

- **6 weeks**
- **Tuesday evening**
- **£150**

## Wellness Boost
Experience meditation, drumming, massage, aromatherapy, emotional freedom technique, Reiki healing, crystals and colour; all therapies that can improve wellbeing.

- **3 weeks**
- **Tuesday evening**
- **£60**

## Worry Less
Do you find yourself over-stressed, anxious and weighed down by the uncertainty of life? We will offer practical solutions to break the cycle of worry, including tips on how to solve problems.

- **1 session**
- **Saturday daytime**
- **£45**

## Yoga
Yoga can help to relieve stress and improve flexibility and strength. Suitable for all levels. Learn to relax and work at your own pace.

- **9 weeks**
- **Tuesday evening**
- **£60**

## Ballroom Dancing
A fun dance class for those new to ballroom and those with some prior experience. Dances may include Latin, Cha Cha, Jive, Waltz, Quick Step, Foxtrot and more!

- **9 weeks**
- **Monday evening**
- **£120**

## Makeup for Mature Skin
As your skin tone changes so do the colours that go with it. Learn how to choose the right colours to suit your skin and how to apply makeup as your skin matures.

- **2 weeks**
- **Monday evening**
- **£50**

## Mindfulness
Mindfulness enables you to live in the moment and awaken to each experience of your day and life. Learn mindfulness skills that will last a lifetime!

- **8 weeks**
- **Tuesday evening**
- **£125**

## Reflexology
Reflexology uses hand and foot massage to alleviate stress and aid relaxation and wellbeing. You will learn skills which you can practise at home on friends and family.

- **2 weeks**
- **Monday evening**
- **£50**

## Body Massage - Beginners
Improve your sense of wellbeing and relaxation. Learn practical massage techniques and how to improve your posture.

- **2 weeks**
- **Tuesday evening**
- **Price per couple £70**

Course dates and times can be found at [www.aclearning.org.uk](http://www.aclearning.org.uk)
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Or telephone 01480 495717 or 01480 375308
Email: acloffice@astreastivo.org

Find us on Facebook @StIvesAdultLearning
or Twitter @ACL_StIves

Small Group Tuition - If too few learners enrol on a course, then in order to avoid the disappointment of cancellation it may be possible to run with a small group by adjusting the length of course or fee, subject to the agreement of all learners. This option would be discussed with participants at or following the first lesson.

Refunds - We only give refunds where we cancel or substantially alter a course. However, a refund will be allowed if you cancel your place at least 10 term-time working days before the course start date.

Severe Weather - In the event of severe weather please check our website or listen to our answerphone for up-to-date information on course cancellations.

Insurance - We are not able to accept responsibility for loss of or damage to personal property on the school premises. Vehicles enter and are parked on the premises at owners’ risk.

Whilst every effort is made to ensure that the information contained in this brochure is accurate, we cannot guarantee this. We reserve the right to change course content or withdraw a course from offer. All fees quoted are subject to change.

Hire of Premises
We have teaching areas available for evening hire. Please contact the office to discuss your requirements 01480 495717
acloffice@astreastivo.org